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Real EDUCATION

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Selections from the **BHAGAVAD GITA**



- 1 The body will die, but he who dwells within the body (the Self) is said to be deathless and immeasurable. Therefore, O Bharata, fight this battle.
- 2 The Self cannot be pierced by weapons or burned by fire; water cannot wet it, nor can the wind dry it.
- 3 The Self cannot be wounded, nor burned, nor wetted, nor dried. Eternal, everywhere, changeless, motionless, the Self is the same forever and ever.
- 4 Do not give up your righteous duty, for the story of your dishonour will be repeated endlessly. To a person who values his honour, that is surely worse than death.
- 5 On this (spiritual) path effort never goes to waste and there is no adverse effect. Even a little effort towards spiritual awareness will bring protection from the greatest fear.
- 6 To unite the heart with Brahman and then to work (is Yoga). That is the secret of non attached work which frees one from the effects of virtue and vice. Such skill in work is verily Yoga.

- 7 When you are unmoved by the conflict of opinions and your mind is firmly fixed on the Lord, then you will attain the state of perfect Yoga.
- 8 Not troubled by grief nor hankering after pleasure, free from lust, fear and anger – such is the sage of steady wisdom.
- 9 Even as a tortoise draws in its limbs, the wise can draw in their senses at will.
- 10 When you keep thinking about sense objects, attachment comes. Grow attached, and you become addicted. Thwart your addiction, it turns to anger. Anger clouds the judgement; you can no longer learn from past mistakes. Lost is the power to choose between the wise and the unwise, and your life is utter waste.
- 11 In whatever way men worship Me, in the same way I fulfill their desires. All paths lead to Me, O Arjuna.
- 12 If a man worships Me and meditates upon Me with an undistracted mind, devoting every moment to Me, I shall supply all his needs and protect his possessions from loss.
- 13 Whatever your actions, Food or worship; Whatever the gift That you give to another; Whatever you vow To the work of the Spirit: O son of Kunti, Lay all these As offerings before Me.
- 14 A man should reshape himself through the power of his will. He should never let himself be degraded by his lower self – will: the (positive) will is the only friend of the Self, and the (negative) will is the only enemy of (reaching) the Self.
- 15 The Supreme Self stands revealed in the consciousness of those who have conquered themselves. They live in peace, alike in cold and heat, pleasure and pain, praise and blame.
- 16 Through constant effort a person learns to withdraw the mind from selfish cravings and attach it to the Self within, and thus attains union with the Lord.
- 17 Doubtless, the mind is restless and difficult to control; but it can be conquered by regular practice and detachment.

- 18 When a person responds to the joys as if they were his own, he has attained the highest state of spiritual union.
- 19 For him who is moderate in eating and recreation, temperate in his work, who is regulated in sleep and wakefulness, he will find that Yoga takes away all his unhappiness.
- 20 The light of a lamp does not flicker in a windless place: that is the simile which describes a Yogi of one-pointed mind, who meditates on the Atman (within).
- 21 Even if the most sinful person worships Me with unswerving devotion, he must be regarded as good, for he has rightly resolved. Soon does he become a man of righteousness and obtains lasting peace. O Kaunteya, know for certain that My devotee never perishes.
- 22 Those who possess (this wisdom of Yoga) have equal love for all. They see the same Self in a spiritual aspirant endowed with learning and humility, a cow, an elephant, a dog and an outcaste.
- 23 Whatever in this world is powerful, beautiful or glorious, that you may know has come forth from a fraction of My splendour.
- 24 Lust, anger and greed – this is the triple gateway to hell, destructive of one's life; they should be abandoned. If a man is free from these three he can work out his on good and reach the highest goal.
- 25 The Gita can meet the psychological requirements of mankind at every level and in every context. An orchestrated symphony of many a spiritual mood and mystic insight, it can, like Sri Krishna's flute, attract and hold entranced anyone who has the blessedness of listening to it.
- 26 When disappointment stares me in the face and all alone I see not one ray of light, I go back to the Bhagavad Gita. I find a verse here and a verse there, and I immediately begin to smile in the midst of overwhelming tragedies – and my life has

Source : **BHAGAVAD GITA**